


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Bingo, LBR2 2:00 Ethan Stone, MS <i>Jazz Piano</i> 4:30/5:30 Happy Hour, TR 7:00 Movie: Documentary, BST	2 Labor Day 9:00 NO Fitness w/Kelly, EX *No Shopping trips today 1:30 Visitor From Forest Hills, MS <i>Screening of the SH Players Production</i> 3:15 Rosary, LBR2 3:30 Symphony Club, AR 7:30 History Series, MS	3 9:30 *Hearing Clinic, LG3 11:00 Yoga, EX 1:00 Wellness, EX 1:00 Nautilus, EX 1:45 Laughing Matters, LG3 2:00 Open Studio, AS 4:30/5:30 Happy Hour, TR 7:30 Evening Movie, MS	4 9:00 Fitness w/ Kelly, EX 10:00 Exercise w/ Weights, EX 11:30 *Trip to the MFA 1:00 Open Studio, AS 3:00 Global Explorations w/Kathy, BST 3:30 Garden Club, AHG 7:00 Movie Night: Action, BST	5 10:30 IL Res. Council, MS 1:00 Nautilus/Wellness, EX 1:30 Walking Group w/Anna, BST 2:00 Tales 'n Treasures, AR 3:00 NO Tai Chi, EX 3:00 Meet Alejandra St. Guillen, MS <i>Candidate for Boston City Council</i> 4:30/5:30 Happy Hr, TR	6 9:00 Fitness w/ Kelly, EX 12:00 *Gastronomic Adventures <i>Doyle's/Irish Pub</i> 1:00 Writing Group, AS 1:30 Encore Matinee, MS 4:00 Shabbat , MS 7:00 Movie Night: Comedy, BST	7 11:00 Dora/Seamstress, CF 2:00 Mark West, MS <i>Classical & Jazz Piano</i> 3:45 * Catholic Mass Trip 7:00 Movie Night: Classics, LR2
8 10:30 Bingo, LBR2 1:30 Classic Film, LR2 <i>Oklahoma!</i> 2:30 Worship with Trevor, MS 4:30/5:30 Happy Hour, TR 7:00 Movie: Documentary, BST	9 9:00 Fitness w/Kelly, EX 10:00 *Bank Trip 11:00 Communion, LBR2 11:30 * Shop at Roche Bros 1:30 *CVS Shopping 3:15 Rosary, LBR2 3:30 Symphony Club, AR 7:30 Lecture Series, MS <i>Ranked Choice Voting</i>	10 11:00 Yoga, EX 1:00 Wellness, EX 1:00 Nautilus, EX 2:00 Open Studio, AS 4:30/5:30 Happy Hour, TR	11 9:00 Fitness w/ Kelly, EX 11:00 Exercise w/ Weights, EX 10:30 *Trip to Rockport Shop, Stroll & Lunch 1:00 Open Studio, AS 3:00 Global Explorations w/Kathy, BST 3:30 Garden Club, AHG 7:00 Movie Night: Action, BST 7:30 Evening Movie, MS	12 10:00 Activity Comm. Mtg, BR 11:00 Penny Poker, LG3 1:00 Nautilus/Wellness, EX 1:30 Walking Group w/Anna, BST 2:00 Tales 'n Treasures, AR 3:00 NO Tai Chi, EX 4:30/5:30 Happy Hr, TR 5:00/6:00 Lobsterfest BBQ!	13 9:00 Fitness w/ Kelly, EX 1:00 Writing Group, AS 1:15 Painting Pawty, PAT 1:30 Encore Matinee, MS 2:00 Painting & Crafting, AS 4:00 Shabbat , MS 7:00 Movie Night: Comedy, BST	14 11:00 Dora/Seamstress, AR 1:30 Movie Matinee, LR2 <i>The Sound of Music</i> 3:45 * Catholic Mass Trip 7:00 Movie Night: Classics, LR2 7:30 Movies with Frank, MS
15 10:30 Bingo, LBR2 1:30 Jack Craig, MS <i>Songs of Rodgers & Hammerstein</i> 4:30/5:30 Happy Hour, TR 7:00 Movie: Documentary, BST	16 9:00 Fitness w/Kelly, EX 10:00 *Bank Trip 11:30 *Shop at Roche Bros 1:30 *CVS Shopping 2:00 Taxi Coupons, LBR 3:15 Rosary, LBR2 3:30 Symphony Club, AR 7:30 History Series, MS	17 11:00 Yoga, EX 1:00 Wellness Clinic, 1st Fl. 1:00 Nautilus, EX 1:45 Laughing Matters, LG3 2:00 Open Studio, AS 4:30/5:30 Happy Hr, TR 7:30 Evening Movie, MS	18 9:00 Fitness w/ Kelly, EX 10:45 *Trip to Russel Orchards Apple Picking & Lunch 11:00 Exercise w/ Weights, EX 1:00 Open Studio, AS 3:00 Global Explorations w/Kathy, BST 3:30 Garden Club, AHG 7:00 Movie Night: Action, BST	19 10:30 IL Res. Assn. Mtg., MS 1:00 Wellness/Nautilus, EX 1:30 *Trader Joe's/Needham 1:30 Walking Group w/Anna, BST 2:00 Tales 'n Treasures, AR 3:00 Tai Chi, EX 4:15 Welcome Happy Hour, CF	20 9:00 Fitness w/ Kelly, EX 12:00 *Transportation to GreekFest 1:00 Writing Group, AS 1:00 Barn Babies Visit, MS 1:30 Encore Matinee, LG3 2:00 Painting & Crafting, AS 4:00 Shabbat, MS 7:00 Movie Night: Comedy, BST	21 11:00 Dora/Seamstress, AR 2:00 Alan Pearlmutter Duo, MS <i>Best of Yiddishkeit</i> 3:45 * Catholic Mass Trip 7:00 Movie Night: Classics, LR2
22 10:30 Bingo, LBR2 2:00 Ron Goldman, MS <i>Popular Guitar</i> 4:30/5:30 Happy Hour, TR 7:00 Movie: Documentary, BST	23 Autumn Begins 9:00 Fitness w/ Kelly, EX 10:00 *Bank Trip 11:30 *Shop at Roche Bros 1:30 *CVS Shopping 3:15 Rosary, LBR2 3:30 Symphony Club, AR 7:30 History Series, MS	24 9:30 *Shuttle to the Polls <i>Preliminary Municipal Election</i> 11:00 Yoga, EX 1:00 Wellness/Nautilus, EX 2:00 Open Studio, AS 3:30 Mix and Mingle, PAT 4:30/5:30 Happy Hour, TR 7:30 Evening Movie, MS	25 9:00 Fitness w/ Kelly, EX *Trip to Bertuccis & Michaels 11:00 Exercise w/ Weights, EX 1:00 Open Studio, AS 3:00 Global Explorations w/Kathy, BST 7:00 Movie Night: Action, BST	26 11:00 Penny Poker, LG3 12:00 Gallery Committee, AS 1:00 Nautilus/Wellness, EX 1:30 Walking Group w/Anna, BST 2:00 11th Annual Walk to End Alzheimer's, PAT 3:00 Tai Chi, EX 4:30/5:30 Happy Hr, TR	27 9:00 Fitness w/ Kelly, EX 1:00 Writing Group, AS 1:30 Encore Matinee, MS 2:00 Painting & Crafting, AS 4:00 Shabbat, MS 7:00 Movie Night: Comedy, BST	28 11:00 Dora/Seamstress, AR 2:00 Jane Blair, MS <i>The Art of Illusion</i> <i>& M.C. Escher</i> 3:45 * Catholic Mass Trip 7:00 Movie Night: Classics, BST
29 Rosh Hashanah Begins at Sundown 10:30 Bingo, LBR2 1:30 Movies with Frank, MS 4:30/5:30 Happy Hour, TR 5:00 Rosh Hashanah Dinner Service, DR 7:00 Movie: Documentary, BST 7:30 Jewish New Year Music, MS	30 9:00 Fitness w/Kelly, EX 10:00 *Bank Trip 11:30 *Shop at Roche Bros 1:30 *CVS Shopping 3:15 Rosary, LBR2 3:30 Symphony Club, AR 7:30 Book Club, MS		AH Allen House 4 Fl AR Activity Room AS Art Studio 3 Fl BST Bistro 2 Fl BR Board Room C3 Computer Rm 3 Fl CF Café/Art Gallery DR Dining Room 2 Fl EX Exercise Room	LBR Library LBR2 Library 2 Fl. LG3 3rd Fl Lounge LR Living Room 2 Fl. MS Main Street PAT Patio 2 FL TR Terrace Room 2 Fl GR Garden Room 3 Fl * Sign-up Required	Independent Living at <i>Springhouse</i> September 2019	